



CLIENT REFERRAL CRITERIA

Client must be:

- in receipt of assistance, current or past from the Community Mental Health Teams or Old Age Psychiatry
- priority will be given to clients suffering from a serious mental health problem
→ to those who live in their own home in the community
- aged 18 and over
- resident in Peterhead/Fraserburgh, Banff/Turriff or surrounding rural areas, and Central Buchan.
- isolated and lonely, in need of social support
- able to undertake commitment with a volunteer

In order to benefit from having a Companion, a client needs to be able to enter into a social relationship.

The possible benefits of having a Companion are:

- increased confidence
- taking some responsibility for themselves by keeping to arrangements
- an increase in social skills
- an opportunity to expand their experiences
- an improvement in self esteem
- an improvement in quality of life
- an opportunity to learn new skills

Self-referrals are welcome but must match the above criteria.

These criteria will be reviewed annually as part of forward planning.